

# JOB SHADOW APPLICATION

SAUCON VALLEY HIGH SCHOOL  
2100 Polk Valley Rd  
Hellertown, PA 18055

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In order to participate in each job shadow experience, this application must be completed:

**Student Information:**

Student Name: \_\_\_\_\_

I agree to visit the sponsoring business listed below on the designated Job Shadow Day. As a representative of Saucon Valley High School, I agree to comply with the expectation to dress professionally, communicate to the mentor/sponsor professionally and behave in a professional manner. I also understand that I will be required to complete a reflection following the visit.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Sponsoring Business Information:** (Please print all information clearly)

Work Place Name: \_\_\_\_\_

Mentor's Name: \_\_\_\_\_

Mentor's Email: \_\_\_\_\_

Work Address: \_\_\_\_\_

Telephone Number: (\_\_\_\_) \_\_\_\_\_

**Parent/Guardian Permission:**

I give permission for \_\_\_\_\_ to visit the sponsoring business listed above as a participant of the Saucon Valley High School Job Shadowing Program. Please indicate the date your child will be shadowing: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\* NOTE: This application is required for all job shadow experiences.** This form should be turned into the attendance office one week prior to the date your child will be job shadowing. This includes job shadows performed on school days not in session.



# JOB SHADOW INTERVIEW ACTIVITY

INDUSTRY-BASED WORK EXPERIENCE

SAUCON VALLEY HIGH SCHOOL

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Interview your career mentor/host using the questions below. Remember these questions are a guide and not a required list. Ask follow-up questions for clarification and more information. Record your host's responses. If you create your own questions, write those questions and answers down. After your interview, ask your host to sign the bottom of the page. \*\*\*This activity must be completed in order to receive credit for your job shadow experience\*\*\*

**Student Name:** \_\_\_\_\_

**Work Place Name:** \_\_\_\_\_

**Mentor's Name:** \_\_\_\_\_

**Job Shadow Date:** \_\_\_\_\_ **Job Shadow Hours:** \_\_\_\_\_

## Questions:

Tell me about your career journey. How did you get to this point in your career?

What education and training do you need for this job?

How would you describe a typical day at your job?

What are the most challenging aspects of this job?

What do you like most about your job?

What is one thing that surprised you about your career/current position?

If you could give one piece of advice to someone considering a similar career, what would it be?

List any additional questions and responses.

Career Mentor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

