

|                                       | Phase 1 June 29-July 12  | Phase 2 July 13-26   | Phase 3 July 27-August 9 (Football)<br>August 16 (All Others)  | Phase 4 August 10-23 (Football)<br>August 17-30 (All Others)  |
|---------------------------------------|--|--|--|---|
|                                       | <b>** Restrictions subject to change based on future information from the PIAA or PA Dept. of Health</b>   |  |  |   |
|                                       | <b>** Dates for moving to phases subject to change based on COVID conditions among athletes or in the community</b>  |  |  |   |
|                                       |  |  |  |   |
| <b>Participation</b>                  | HS Fall Sports Only  | HS & MS Fall Sports Only   | All in-seasons and off-season sports   | All in-seasons and off-season sports  |
| <b>Screening</b>                      | Daily Screening*   | Daily Screening*   | Daily Screening*   | Daily Screenings until the start of school*   |
| <b>Self Reporting Requirements</b>    | Parents/Students are required to report any COVID symptoms had by the student-athlete themselves, by any member of the student's household, or if anyone in the household has had known contact with a positive COVID case in the last 14 days | Parents/Students are required to report any COVID symptoms had by the student-athlete themselves, by any member of the student's household, or if anyone in the household has had known contact with a positive COVID case in the last 14 days | Parents/Students are required to report any COVID symptoms had by the student-athlete themselves, by any member of the student's household, or if anyone in the household has had known contact with a positive COVID case in the last 14 days | Parents/Students are required to report any COVID symptoms had by the student-athlete themselves, by any member of the student's household, or if anyone in the household has had known contact with a positive COVID case in the last 14 days  |
| <b>Practice Pods</b>                  | 20 Students or less while still in Yellow Phase. Practice Pod makeup must remain consistent daily. Students may not participate in more than one pod regardless of their sports.   | 20 Students or less while still in Yellow Phase. Practice Pod makeup must remain consistent daily. Students may not participate in more than one pod regardless of their sports.   | 20 Students or less while still in Yellow Phase. Practice Pod makeup must remain consistent daily. Students may not participate in more than one pod regardless of their sports. Consideration for Practice Pod size growth if in Green Phase. | 20 Students or Less while still in Yellow Phase. Practice Pod makeup must remain consistent daily. If in green phase, teams may begin practicing with full squads as their pod on the first day of PIAA practice. Off season teams should remain in smaller groups. Students may join a second practice pod if involved in a second sport |
| <b>Practice Frequency</b>             | Pods may not practice more than 3 days a week Monday-Friday  | Pods may not practice more than 3 days a week Monday-Friday  | Pods may not practice more than 3 days a week Monday-Friday  | As per PIAA regulations, in season pods may not practice more than 6 days a week. Off season teams should limit themselves to 3 times a week.   |
| <b>Mask Use</b>                       | Required for Coaches and Staff. Required for Athletes at all times other than on the playing surface engaged in activity   | Required for Coaches and Staff. Required for Athletes at all times other than on the playing surface engaged in activity   | Required for Coaches and Staff. Required for Athletes at all times other than on the playing surface engaged in activity   | TBD   |
| <b>Facilities Use</b>                 | All outdoor use only except Volleyball & Athletic Training Rooms   | All outdoor use only except Volleyball & Athletic Training Rooms   | Use of Locker Rooms and Other Areas with Social Distancing Restrictions  | Use of Locker Rooms and Other Areas with Social Distancing Restrictions   |
| <b>Weight Room Use</b>                | No   | By in-season teams only / Scheduled small groups   | By in-season teams only / Scheduled small groups   | TBD   |
| <b>Equipment Use</b>                  | No shared equipment & individual ball use only. Balls must be cleaned daily. No player may touch a ball used by another player.  | (If in State Green Phase Only) Equipment may be shared with the exception of personal equipment (worn pieces). Balls may be used and cleaned daily   | (If in State Green Phase Only) Equipment may be shared with the exception of personal equipment (worn pieces). Balls may be used and cleaned daily   | (If in State Green Phase Only) Equipment may be shared with the exception of personal equipment (worn pieces). Balls may be used and cleaned daily  |
| <b>Equipment Storage for Cleaning</b> | All equipment placed in designated location each night for disinfecting by custodial staff and/or coaching staff.  | All equipment placed in designated location each night for disinfecting by custodial staff and/or coaching staff.  | All equipment placed in designated location each night for disinfecting by custodial staff and/or coaching staff.  | All equipment placed in designated location each night for disinfecting by custodial staff (until further notice)   |
| <b>Physical Contact</b>               | No physical contact between athletes   | No physical contact between athletes   | No physical contact between athletes (unless restrictions are lifted)  | Physical contact may begin only on the playing surface in live action drills. Subject to monitoring any cases among athletes or significant increase in cases in the community,   |
| <b>Water</b>                          | Athlete must bring their own filled water bottle. No sharing of bottles. Athletes will not be able to practice without bringing a water bottle. Water will not be provided by the school. No water, no participation.                          | Athlete must bring their own filled water bottle. No sharing of bottles. Athletes will not be able to practice without bringing a water bottle. Water will not be provided by the school. No water, no participation.                          | Athlete must bring their own filled water bottle. No sharing of bottles. Athletes will not be able to practice without bringing a water bottle. No water, no participation   | Athlete must bring their own filled water bottle. No sharing of bottles. Athletes will not be able to practice without bringing a water bottle. No water, no participation  |
| <b>Weather Conditions</b>             | Practice will be cancelled in advance of threat of weather as no indoor facilities will be available   | Practice will be cancelled in advance of threat of weather as no indoor facilities will be available   | Evacuation locations for each field as determined by the Saucon Valley Athletic Emergency Plan will be available. If used, notification for cleaning will be given   | Evacuation locations for each field as determined by the Saucon Valley Athletic Emergency Plan will be available. If used, notification for cleaning will be given  |
| <b>Attendance Requirements</b>        | Voluntary  | Voluntary  | Voluntary  | Required with PIAA official practices beginning.  |
| <b>Attendance Allowance</b>           | Closed: Athletes, Coaches, Athletic Dept. Personnel Only   | Closed: Athletes, Coaches, Athletic Dept. Personnel Only   | Closed: Athletes, Coaches, Athletic Dept. Personnel Only   | Closed: Athletes, Coaches, Athletic Dept. Personnel Only. Media by appointment  |

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| <b>Pick Up/Drop Off</b>                          | Students may not congregate during pick up and drop off times. All students being dropped off for screening and waiting for pick up must wear a mask and maintain 6' distance. Athletes may not car pool to practices. Athletes must transport themselves, be transported by a family member, or by someone within their practice pod. | Students may not congregate during pick up and drop off times. All students being dropped off for screening and waiting for pick up must wear a mask and maintain 6' distance. Athletes may not car pool to practices. Athletes must transport themselves, be transported by a family member, or by someone within their practice pod. | Students may not congregate during pick up and drop off times. All students being dropped off for screening and waiting for pick up must wear a mask and maintain 6' distance. Athletes may not car pool to practices. Athletes must transport themselves, be transported by a family member, or by someone within their practice pod. | Students may not congregate during pick up and drop off times. All students being dropped off for screening and waiting for pick up must wear a mask and maintain 6' distance. Athletes may not car pool to practices. Athletes must transport themselves, be transported by a family member, or by someone within their practice pod. |
| <b>School Owned Equipment Issue to Students</b>  | Must be taken home daily.  | Must be taken home daily.  | May be stored in Locker Rooms  | May be stored in Locker Rooms  |
| <b>Personally owned equipment &amp; clothing</b> | Equipment must be taken home daily. Clothing laundered   | Equipment must be taken home daily. Clothing laundered   | Equipment must be taken home daily. Clothing/towels laundered  | Equipment must be taken home daily. Clothing/towels laundered  |
| <b>Shower Use</b>                                | No shower use on campus  | No shower use on campus  | Shower use using every other shower (masks not required)   | Shower use using every other shower (masks not required)   |
| <b>Team Meetings</b>                             | Virtual Only   | Virtual Only   | Virtual Only   | Allowed as long as we are in green phase. Players must socially distance. Virtual preferred.   |
| <b>Busing</b>                                    | No school transportation   | No school transportation   | No school transportation   | Per current guidelines   |
| <b>Positive COVID Case</b>                       | Practice Pod suspended for 14 days, contact tracing initiated, positive student must have doctor's release to return   | Practice Pod suspended for 14 days, contact tracing initiated, positive student must have doctor's release to return   | Practice Pod suspended for 14 days, contact tracing initiated, positive student must have doctor's release to return   | Practice Pod suspended for 14 days, contact tracing initiated, positive student must have doctor's release to return   |
| <b>Contact Tracing with Positive Case</b>        | All members of practice pods (parents) informed, all team coaches informed. Athletic Medical Staff and School Nurse Informed, District Pandemic Team Informed.   | All members of practice pods (parents) informed, all team coaches informed. Athletic Medical Staff and School Nurse Informed, District Pandemic Team Informed.   | All members of practice pods (parents) informed, all team coaches informed. Athletic Medical Staff and School Nurse Informed, District Pandemic Team Informed.   | All members of practice pods (parents) informed, all team coaches informed. Athletic Medical Staff and School Nurse Informed, District Pandemic Team Informed. Once season begins, opposing school athletic director informed if tested individual was in recent contact with athletes from another school                             |
| <b>Team Functions</b>                            | No team functions outside of designated practice times.  | No team functions outside of designated practice times.  | No team functions outside of designated practice times.  | No team functions outside of designated practice times.  |
| <b>Additional Functions</b>                      | No functions such team dinners or fundraisers that may bring parents or other individuals from outside in contact with athletes or team personnel  | No functions such team dinners or fundraisers that may bring parents or other individuals from outside in contact with athletes or team personnel  | No functions such team dinners or fundraisers that may bring parents or other individuals from outside in contact with athletes or team personnel  | No functions such team dinners or fundraisers that may bring parents or other individuals from outside in contact with athletes or team personnel until further notice   |