

Make a Student Assistance Program Referral

[CLICK HERE](#) to complete an online SAP referral with a student concern.

What is SAP (Student Assistance Program)

The Student Assistance Program (SAP) is composed of a group of specially trained school staff and community agency liaisons who work together to identify students who are experiencing school problems such as:

- Divorce, separation and step family issues;
- Stressful situations and life pressures;
- Death and grief issues;
- Absence of coping skills due to poor communication, a low self-image;
- Establishing and maintaining friendships and getting along with others;
- Alcohol or drug use or experimentation;
- Depression or other mental health problems.

It is the parent's right to be involved in all phases of the Student Assistance process. The Student Assistance Program is designed to assist students and parents by making in-school resources available and providing information about community resources. The Student Assistance Program does not provide therapy or implement disciplinary consequences.

Who refers students to the SAP program?

- Staff members may notice a decline in school performance (attendance, grades, conduct) which may indicate that a student is experiencing difficulty and submit a referral to the program.
- Self-referrals are accepted. Students may seek help from their counselor or by contacting a SAP team member.
- Peers who are concerned about a friend's problems are encouraged to refer especially when worried about mental health or potential substance use
- Family members are encouraged to communicate with the SAP team for information or assistance.

What happens to SAP referrals?

- The SAP team collects information about the student's performance and behavior from a variety of sources: teachers, counselors, nurses, administrators and other staff members as needed. All information is confidential.
- If a SAP referral is appropriate, parental consent is requested. The team analyzes this information, along with input from the student and parent, in order to determine the best course of action for the student.

- Interventions include: check-in check-out support, psycho-educational and peer support groups, comprehensive behavioral health assessments, referral to other school professionals and/or referral to outside agencies.

For more information, please contact your student's School Counselor.

SAP Team Members

Thomas Baldo, School Counselor

Kelly Wehr, School Counselor

Michael Sakelarides, Assistant Principal

Grant Gieger, School Counselor

David Jost, Related Arts

David Lloyd, 8th Grade

Mylene Hofford, Specialist

Amanda Holveck, 7th grade

Amy Pulli, 6th Grade

Diana Cherrybon, 7th Grade

Donna Ellis, Related Arts

And Members of the Caron Foundation and Center for Humanistic Change